



Soul Therapy - No Longer Addictive

2 Corinthians 10:3-5 For though we live in the world, we do not wage war as the world does. The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish **strongholds**. We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ.

Stronghold (physical) - a strong fortress of defense

Stronghold (spiritual)- a way of thinking or mindset that is rooted in an accusation from the devil that is against God's way and plan for your life.

We defeat strongholds by taking every thought captive and making it obedient to Christ.

Addiction: Addiction is a primary, chronic disease of brain reward, motivation, memory and related circuitry. Dysfunction in these circuits leads to characteristic biological, psychological, social and spiritual manifestations. This is reflected in an individual pathologically pursuing reward and/or relief by substance use and other behaviors

(Romans 7:21-24) So I find this law at work: When I want to do good, evil is right there with me. For in my inner being **I delight in God's law**; but I see another law at work in the members of my body, waging war against the law of my mind and making me a prisoner of the law of sin at work within my members. What a wretched man I am!

(Romans 7:24-25 MSG) I've tried everything and **nothing helps**. I'm at the end of my rope. Is there no one who can do anything for me? Isn't that the real question? The answer, **thank God**, is that **Jesus Christ can and does**. He acted to **set things right** in this life of contradictions where I want to serve God with all my heart and mind, but am pulled by the influence of sin to do something totally different.

Overcoming Addiction

(Romans 8:1-2) Therefore, there is now no condemnation for those who are in Christ Jesus, because through Christ Jesus the law of the Spirit who gives **life has set you free** from the law of sin and death.

"In this manner, therefore, pray: Our Father in heaven, Hallowed be Your name. Your kingdom come. Your will be done On earth as it is in heaven. Give us this day our daily bread. And forgive us our debts, As we forgive our debtors. And do not lead us into temptation, but deliver us from the evil one. For Yours is the kingdom and the power and the glory forever. Amen. "For if you forgive men their trespasses, your heavenly Father will also forgive you. But if you do not forgive men their trespasses, neither will your Father forgive your trespasses.

Matthew 6:9-15 NKJV

1) Learn the Power of Fasting

“**Moreover, when you fast,** do not be like the hypocrites, with a sad countenance. For they disfigure their faces that they may appear to men to be fasting. Assuredly, I say to you, they have their reward. But you, when you fast, anoint your head and wash your face, so that you do not appear to men to be fasting, but to **your Father who is in the secret place; and your Father who sees in secret will reward you openly.**

Matthew 6:16-18 NKJV

“This is what the Lord says: “**Stop at the crossroads** and look around. Ask for the old, godly way, and walk in it. Travel its path, and you will **find rest for your souls**. But you reply, ‘No, that’s not the road we want!’”

Jeremiah 6:16 NLT

(Romans 6:12-14) Therefore do not let sin reign in your mortal body so that you obey its evil desires. Do not offer the parts of your body to sin, as instruments of wickedness, but rather offer yourselves to God... For sin shall not be your master.

(Galatians 5:24) Those who belong to Christ Jesus have crucified the sinful nature with its passions and desires.

2) Learn the Power of Treasure

““Do not lay up for yourselves treasures on earth, where moth and rust destroy and where thieves break in and steal; but lay up for yourselves treasures in heaven, where neither moth nor rust destroys and where thieves do not break in and steal. For where your treasure is, there your heart will be also.”

Matthew 6:19-21 NKJV

3) Learn the Power of Attention

““The lamp of the body is the eye. If therefore your eye is good, your whole body will be full of light. But if your eye is bad, your whole body will be full of darkness. If therefore the light that is in you is darkness, how great is that darkness!”

Matthew 6:22-23 NKJV

(Romans 12:2 MSG) Fix your attention on God. You'll be changed from the inside out. Readily recognize what he wants from you, and quickly respond to it. Unlike the culture around you, always dragging you down to its level of immaturity, God brings the best out of you, develops well-formed maturity in you.

4) Learn the Power of First

““No one can serve two masters; for either he will hate the one and love the other, or else he will be loyal to the one and despise the other. You cannot serve God and mammon. “Therefore I say to you, do not worry about your life, what you will eat or what you will drink; nor about your body, what you will put on. Is not life more than food and the body more than clothing? Look at the birds of the air, for they

neither sow nor reap nor gather into barns; yet your heavenly Father feeds them. Are you not of more value than they? Which of you by worrying can add one cubit to his stature?

“Therefore do not worry, saying, ‘What shall we eat?’ or ‘What shall we drink?’ or ‘What shall we wear?’ For after all these things the Gentiles seek. For your heavenly Father knows that you need all these things. **But seek first the kingdom of God and His righteousness**, and all these things shall be added to you.”

Matthew 6:24-27, 31-33 NKJV

Seek God Ways and His Righteousness First

(Exodus 20:1-3) And God spoke all these words: “I am the LORD your God, who brought you out of Egypt, out of the land of slavery. You shall have no other gods before me.”

(Romans 8:5-6 NLT) Those who are dominated by the sinful nature think about sinful things, but those who are controlled by the Holy Spirit think about things that please the Spirit. If your sinful nature controls your mind, there is death. But if the Holy Spirit controls your mind, there is life and peace.

(Romans 12:2 NLT) Don’t copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think.

The Key to a Righteous Consciousness it be to Identify the lie and Replace it with Truth

5) Learn the Power of Judgment

“Judge not, that you be not judged. For with what judgment you judge, you will be judged; and with the measure you use, it will be measured back to you. And why do you look at the speck in your brother’s eye, but do not consider the plank in your own eye? Or how can you say to your brother, ‘Let me remove the speck from your eye’; and look, a plank is in your own eye? Hypocrite! First remove the plank from your own eye, and then you will see clearly to remove the speck from your brother’s eye.”
Matthew 7:1-5 NKJV

6) Learn the Power Reciprocity

“Ask, and it will be given to you; seek, and you will find; knock, and it will be opened to you. For everyone who asks receives, and he who seeks finds, and to him who knocks it will be opened. Or what man is there among you who, if his son asks for bread, will give him a stone? Or if he asks for a fish, will he give him a serpent? If you then, being evil, know how to give good gifts to your children, how much more will your Father who is in heaven give good things to those who ask Him! Therefore, whatever you want men to do to you, do also to them, for this is the Law and the Prophets.

7) Learn the Power of Obedience

“Not everyone who says to Me, ‘Lord, Lord,’ shall enter the kingdom of heaven, but he who **does the will of My Father in heaven**. Many will say to Me in that day, ‘Lord, Lord, have we not prophesied in

Your name, cast out demons in Your name, and done many wonders in Your name?’ And then I will declare to them, ‘I never knew you; depart from Me, you who practice lawlessness!’”
Matthew 7:1-5, 7-12, 21-23 NKJV

The Key to Obedience is Simply To Go All In for the One Who Went All In For You
“Surely He has borne our griefs And carried our sorrows; Yet we esteemed Him stricken, Smitten by God, and afflicted. But He was wounded for our transgressions, He was bruised for our iniquities; The chastisement for our peace was upon Him, And by His stripes we are healed.”
Isaiah 53:4-5 NKJV

“The Spirit of the Lord is on me, because he has anointed me to proclaim good news to the poor. He has sent me to proclaim freedom for the prisoners and recovery of sight for the blind, to set the oppressed free, to proclaim the year of the Lord’s favor.” Luke 4:18